



PRESS RELEASE

Dimitris Mytas

Solo show

Elephant

DL gallery presents on Saturday 29th of March 2025 the solo photography exhibition of **Dimitris Mytas** titled **“ELEPHANT”**, curated by **Nina Kassianou**.

The artist’s latest photographic project is a deeply personal exploration of the “empty nest” syndrome. Through 52 black-and-white photographs, *ELEPHANT* unfolds as a visual meditation on absence, grief, transformation, and redemption.

The project was inspired by a pivotal moment—the departure of his son for studies. His absence cast a heavy shadow, taking the form of a giant elephant that seemed to fill the living room, overwhelming the space with its presence. Immersed in this emotional vortex, Mytas turned to his photographic archive, seeking a way to manage this profound experience. There, he uncovered fragments of his son’s life—images detached from their original context yet profoundly relevant in this new reality. These images, alongside newly created ones, form a narrative that evolves from loss to acceptance, culminating in the final scene: his son walking away in a snowy landscape, symbolizing, on the one hand, his freedom to explore the world and, on the other, the redefinition of the paternal role.

Through this process, Mytas not only reflects on his personal journey but also examines the shared human experience of transition and change. By merging past and present through archival and new imagery, *ELEPHANT* weaves abstract elements with deeply personal visual symbols, transforming intimate emotions into a broader visual narrative.

ELEPHANT, invites viewers to engage with their own moments of transition, to reflect on the emotional landscapes of separation, memory, and resilience, and to discover the quiet redemptions embedded in change.

* The photobook *ELEPHANT* will be presented at the opening (self-published / collaboration: ZOETROPE ATHENS).

Official Opening: Saturday 29th March 2025 at 18:00 to 22:00

Duration: 29th March 2025 to 28 June 2025

Opening hours: Thursday – Friday 12:00-19:30
Saturday 12:00-16:00

Admission to the exhibition is free.

